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# Inhibitory activity of limonene against *Leishmania* parasites *in vitro* and *in vivo*

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## Abstract

Limonene is a monoterpene that has antitumoral, antibiotic and antiprotozoal activity. In this study we demonstrate the activity of limonene against *Leishmania* species *in vitro* and *in vivo*. Limonene killed *Leishmania amazonensis* promastigotes and amastigotes with 50% inhibitory concentrations of  $252.0 \pm 49.0$  and  $147.0 \pm 46.0$   $\mu\text{M}$ , respectively. Limonene was also effective against *Leishmania major*, *Leishmania braziliensis* and *Leishmania chagasi* promastigotes. The treatment of *L. amazonensis*-infected macrophages with 300  $\mu\text{M}$  limonene resulted in 78% reduction in infection rates. *L. amazonensis*-infected mice treated topically or intrarectally with limonene had significant reduction of lesion sizes. A significant decrease in the parasite load was shown in the lesions treated topically with limonene by histopathological examination. The intrarectal treatment was highly effective in decreasing the parasite burden, healing established lesions and suppressing the dissemination of ulcers. Limonene presents low toxicity in humans and has been shown to be effective as an agent for enhancing the percutaneous permeation of drugs. Our results suggest that limonene should be tested in different experimental models of infection by *Leishmania*.

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## 1. Introduction

Parasites of the *Leishmania* genus are the etiological agents of leishmaniasis, a widely distributed protozoal disease with a prevalence of 12–14 million people and a population at risk of 350 million people in 88 different countries [1].

First choice treatment of leishmaniasis still relies on the parenteral administration of highly toxic antimonial compounds. Therapy with pentavalent antimonials is commonly associated with high rates of non-compliance and parasite resistance to these drugs is rising alarmingly [2]. Therapeutic alternatives have been sought for a long time and some progresses have been achieved with new formulations of amphotericin B in liposomes and, more recently,

with the use of miltefosine as an oral-administered drug for the treatment of kala-azar [3] and testing of paromomycin as a topical agent [4]. However, the need for alternative drugs is still very clear.

Reports on the antileishmanial activity of a variety of plant extracts containing terpenoid compounds have been published [5–8]. We have recently shown that nerolidol – a sesquiterpene present in essential oils of several citrus plants – is active against promastigotes and amastigotes of *Leishmania in vitro* and, applied topically, is partially effective in the treatment of experimental leishmaniasis [9].

Limonene is a 10-Carbon cyclohexanoid monoterpene found in a variety of plants, particularly in oils of lemon, orange, dill and bergamot. Limonene's insecticide and antimicrobial properties are representative of plants' natural defense mechanisms. Both quiral forms R-(+)- and S-(–)-limonene are used in the cosmetic industry as flavoring agents. This terpene has also been shown to be effective as an

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agent for enhancing the percutaneous permeation of drugs *in vitro* and *in vivo* [10,11].

Several studies reported that limonene has an anti-proliferative effect in a variety of cell types, such as melanoma, gastric, and prostate cancer cells [12–14]. The therapeutic properties of limonene in animal models of tumorigenesis were used as the basis for Phase I clinical trials in breast and colon cancer patients. The drug was considered well tolerated and resulted in partial clinical response [15,16].

Rodrigues Goulart and coworkers determined that limonene was active *in vitro* against *Plasmodium falciparum*. The anti-plasmodial effect was associated with inhibition of dolichol and ubiquinone biosynthesis and reduction in protein isoprenylation [17].

In this paper we describe the antileishmanial activity of limonene against *Leishmania amazonensis* promastigotes and amastigotes and its efficacy in the treatment of experimentally induced cutaneous leishmaniasis.

## 2. Materials and methods

### 2.1. Parasites

*Leishmania* promastigotes were grown in M199 supplemented with 10% fetal bovine serum (FBS) as described [18]. The strains used were: *L. (Leishmania) amazonensis* MHOM/BR/1973/M2269, *L. (Leishmania) chagasi* MHOM/BR/1974/M2682, *L. (Viannia) braziliensis* MHOM/BR/1975/M2903 and *L. (Leishmania) major* (MHOM/IL/1981/Friedlin). Amastigotes of *L. amazonensis* were obtained from experimentally infected BALB/c mice as described [19].

### 2.2. Drugs

(R)-(+)-limonene, was purchased from Sigma–Aldrich (St. Louis, MO, USA). Limonene was diluted in methanol. Topical formulations containing 10% (wt/wt) limonene were prepared in lanovaseline (LV) (70% lanoline, 30% vaseline, wt/wt). Ointments were freshly prepared every 20 days and kept at 4 °C. Intrarectal doses of 100 mg of limonene/kg/day were delivered by instilling 20 µl of 10% limonene in 20% ethanol/0.01 M phosphate buffer (pH 7.4). Stock solutions of amphotericin B (Sigma–Aldrich) were prepared in DMSO (5 mM final concentration) and stored at –20 °C.

### 2.3. Antileishmanial *in vitro* assays

Activity against parasites was tested *in vitro* by cultivating promastigotes ( $1 \times 10^6$ ) or amastigotes ( $5 \times 10^6$ ) in the presence of increasing concentrations of drug in 24-well culture dishes (Corning Life Sciences, NY, USA) for 2, 24 and 48 h. Cell viability was assessed by measuring the cleavage of 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT; Sigma–Aldrich, St. Louis, MO, USA) as described previously [9]. Assays were performed in triplicate and results are expressed as the mean percent reduction of parasite numbers compared to untreated control wells calculated for at

least three independent experiments. The 50% inhibitory concentration (IC<sub>50</sub>) was determined from sigmoidal regression of the concentration–response curves using Scientific Graphing and Analysis Software ORIGIN 7.5.

Efficacy of limonene against intracellular amastigotes was assessed by counting the number of infected cells in J774.A1 macrophage monolayers. Macrophages were plated in round glass coverslips inside the wells of a 24-well culture dish at a concentration of  $5 \times 10^5$  cells per coverslip in RPMI 1640 supplemented with 10% fetal bovine serum (FBS), 2 mM L-glutamine and 50 mg/ml gentamicin. After 2 h of incubation at 37 °C in an atmosphere of 5% CO<sub>2</sub>, *L. amazonensis* stationary phase promastigotes were added to the wells ( $2.5 \times 10^6$  per well) and the cultures were incubated at 33 °C in a 5% CO<sub>2</sub> atmosphere. After 3 h, free promastigotes were removed by extensive washing with RPMI without FBS and infected cultures were treated with the different drug concentrations for 48 h. The monolayers were washed, fixed and stained with the Instant Prov kit (Newprov, PR, Brazil). The percentage of infected macrophages was assessed by light microscopy observation by counting 100 cells in triplicate coverslips.

Cytotoxicity was evaluated by cultivating  $1 \times 10^6$  LLC-MK2 or HEK-293 epithelial kidney cells in 24-well plates for 24 h in the presence of increasing concentrations of limonene. Cell viability was assessed by the MTT assay as described above and results are expressed as percent reduction in cell viability compared to untreated control cultures. The 50% cytotoxic concentration (CC<sub>50</sub>) was determined as described above for IC<sub>50</sub> values.

### 2.4. *In vivo* assays

Groups of 5–7 female C57BL/6 mice were infected subcutaneously at the basis of the tail with  $10^6$  amastigotes of *L. amazonensis*. After 5–6 weeks, swelling at the inoculation site developed. Infected animals were randomized according to lesions sizes and treatment was initiated.

Lesion size was recorded once a week by measuring the thickness of the tail in two dimensions (*D* and *d*) at right angles to each other with a caliper. The size of the lesion (*S*) was estimated by calculating the mean diameter of the tail using the formula  $S = (D + d)/2$ . All animal experiments were approved by the Ethical Committee. Data on the lesion progression were analyzed for statistical significance by using the two-tailed Student's *t*-test for unpaired samples. A result was considered significant at  $P < 0.05$ .

### 2.5. Histopathology

Fragments of lesions were removed and fixed in neutral buffered formalin for subsequent paraffin embedding. Sections (5 µm thick) were stained with Hematoxylin–Eosin (HE).

### 2.6. Limiting dilution

The tissue at the lesion site was removed and separated from the bone, weighed and homogenized in 1 ml culture

medium. Parasites from tissue were quantified as described [20].

### 3. Results

#### 3.1. Activity of limonene against *Leishmania* in vitro

Incubation of *L. amazonensis* promastigotes in the presence of increasing concentrations of limonene resulted in a dose-dependent decrease in the viability of parasites. Drug activity in 24-h assays, expressed as the concentrations that killed 50% of the parasites (IC<sub>50</sub>) was 252.0 ± 49.0 μM. The volumes of methanol used to deliver the highest drug concentrations used in the tests were not responsible for parasite toxicity. Limonene had a leishmanicidal effect as demonstrated by microscopic examination of treated parasites, which revealed cells with disrupted structure, and by the absence of growth in cultures treated with concentrations above the IC<sub>90</sub> and recultured in media without drug (data not shown). The IC<sub>50</sub> of amphotericin B against *L. amazonensis* promastigotes determined in parallel assays was 0.15 ± 0.06 μM, compatible with previously reported data [21].

Amastigotes of *L. amazonensis* purified from lesions and grown *in vitro* for 24 h were also killed by limonene with an IC<sub>50</sub> of 147.0 ± 46.0 μM.

The susceptibility of *L. major* promastigotes to this terpene was also tested and proved to be similar to that of *L. amazonensis* with IC<sub>50</sub> of 354.0 ± 33.0 μM. Limonene was also active against *L. braziliensis* and *L. chagasi* promastigotes with IC<sub>50</sub> of 185.0 ± 19.0 and 201.0 ± 17.0 μM, respectively.

Limonene was also able to inhibit the growth of intracellular amastigotes. The treatment of *L. amazonensis*-infected macrophages for 48 h with 200 and 300 μM limonene resulted in significant reductions of intracellular parasitism, by 52.0 ± 1.7 and 78.0 ± 4.2%, respectively.

#### 3.2. In vitro cytotoxicity activity of limonene

The toxic effect of limonene was tested using epithelial-derived cell lines. The results of *in vitro* experiments showed that toxicity of limonene to mammalian cells was lower than that obtained for the parasites. The CC<sub>50</sub> for human (HEK-293) and Rhesus monkey epithelial kidney cells (LLC-MK2) were higher than 1012 μM.

#### 3.3. In vivo efficacy of limonene in *L. amazonensis*-infected C57BL/6 mice

Limonene was administered to C57BL/6 mice infected with *L. amazonensis* by topical or intrarectal routes. The treatment with limonene by the intrarectal route was initiated 5–6 weeks after infection and performed for 2 weeks. No toxic effects were observed in treated mice. A significant reduction on the average lesion size was achieved in 80% of the treated animals after administration of this terpene (Fig. 1A and B). The therapeutic response was sustained and 18 weeks after the onset of treatment responsive mice remained healthy while

control animals presented clear evidence of disease dissemination to snout, footpad, and neck (Fig. 1B).

Parasite burden was quantified in intrarectally-treated mice 15 weeks after the interruption of the treatment by limiting dilution assay (Fig. 2). A reduction of more than 99.9% in the parasite load was noted in 80% of the treated mice.

Topical treatment was administered to *L. amazonensis*-infected mice with preparations of limonene in a LV ointment. Treatment was initiated 5–6 weeks after infection and control-infected groups treated with the basis alone were included in all experiments. Treatment with 10% limonene in LV resulted in a significant reduction on the average lesion size. Fig. 3 shows the follow up of individual limonene-treated mice, in a representative experiment, up to 19 weeks after the start of treatment. Complete healing at the inoculation site was detected in 67–86% of the treated mice. No side effects were detected in *L. amazonensis*-infected and control uninfected mice treated with ointments containing 10% limonene in LV. Thirteen weeks after the interruption of treatment, tails from mice treated with limonene were prepared for tissue analysis and showed parasites to be absent or very scarce (Fig. 4d–f).

In comparison to control untreated animals, the lesions from mice receiving LV alone had reduced sizes while the ointment was being applied but soon reverted to sizes comparable to the untreated controls when therapy was interrupted (data not shown). Moreover, lesions on LV treated mice did not heal and the histopathological examination of the inoculation site in control untreated mice or in tissue taken from the mock treated lesions revealed the classical picture of a cutaneous leishmaniasis lesion with a large number of parasitized macrophages (Fig. 4a–c).

Amastigotes recovered from treated mice were transformed *in vitro* and grown as promastigotes. The sensitivity of these cultures to limonene was the same as the parental line used for infection (data not shown), indicating that the remaining parasites were not resistant to limonene.

### 4. Discussion

In this study we have evaluated the activity of limonene against *Leishmania*. Our interest in this terpene was raised by previous reports on its effect against tumor cells. Limonene has been shown to suppress the growth of neoplastic cells *in vitro* and *in vivo* [22,12,13]. Furthermore, the safety and chemopreventive or chemotherapeutic activity of limonene's systemic administration has been shown in several *in vivo* models and for several types of cancer [22,23]. Long-term analysis of limonene's toxicity in mice and rats has not found evidences of severe side effects in animals receiving from 250 to 1000 mg/kg/day limonene for 2 years [16]. Limonene application was tested in Phase I clinical trials, resulting in a very satisfactory tolerance [15,23]. In addition, D-limonene does not pose a mutagenic, carcinogenic, or nephrotoxic risk to humans and low toxicity was observed after single or repeated doses for up to 1 year [24].

Antileishmanial properties of terpenoids have been previously reported. Triterpenoid saponins isolated from *Maesa*

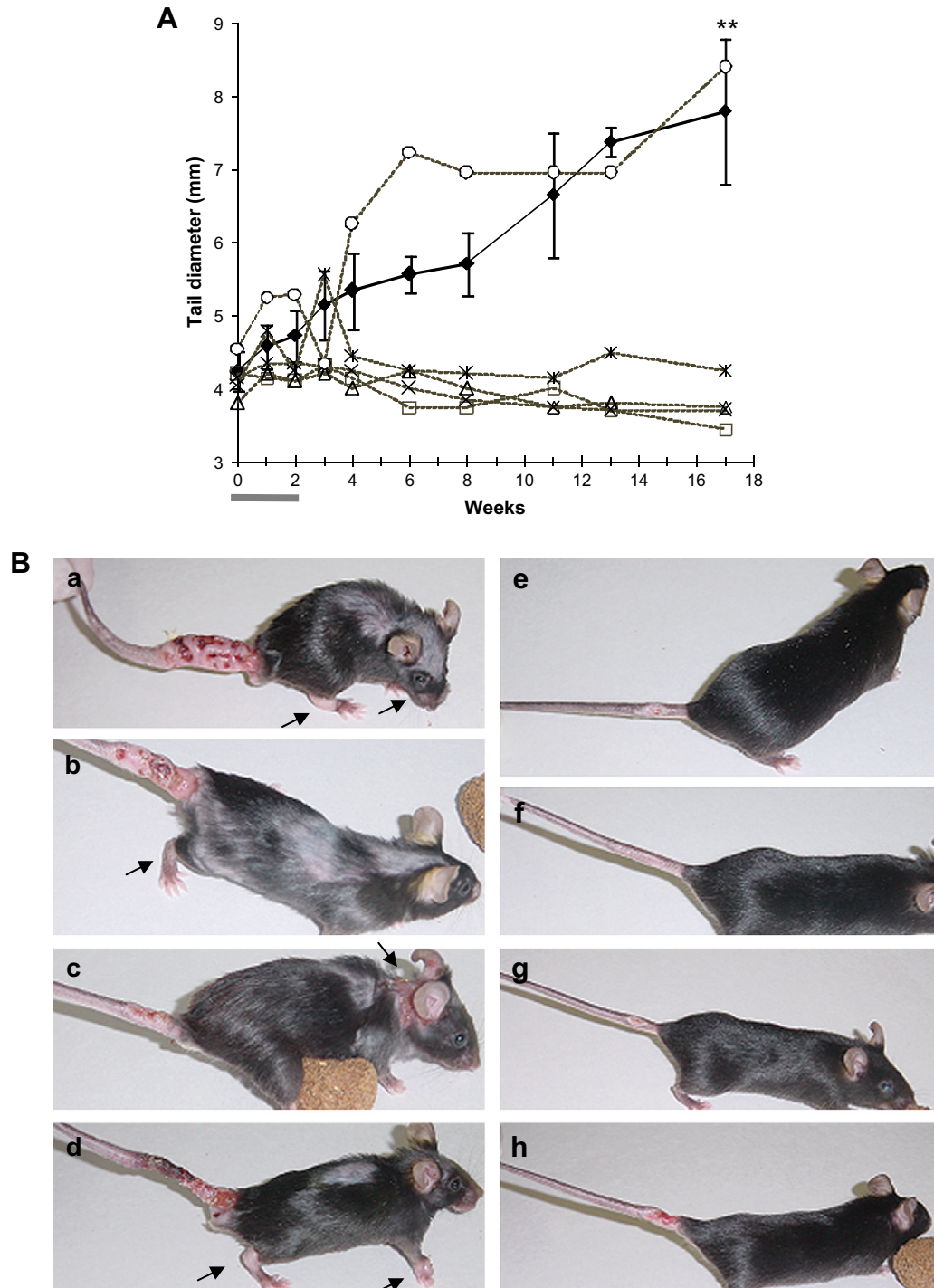


Fig. 1. Evaluation of disease development in mice treated with limonene by the intrarectal route. (A) Intrarectal treatment with 100 mg/kg/day limonene for 2 weeks (indicated by the horizontal bar) starting 40 days after infection (week 0). The results shown are the individual measurements for each treated animal (grey symbols, dashed lines) and the mean and standard deviation for a group of five control animals (black diamonds, solid line) (\*\* $P$ : 0.03). Results are representative of two independent experiments. (B) Pictures were taken 15 weeks after the interruption of treatment. Control untreated mice (a–d) and limonene-treated animals (e–h). Disseminated ulcers in control untreated animals are indicated by arrows.

*balansae* reduced liver parasite burden in *Leishmania infantum*-infected BALB/c mice [6]. Thymol, a monoterpene phenol derivative of cymene, presented partial *in vivo* leishmanicidal activity decreasing by 46% the parasite burden in *Leishmania panamensis* infected golden hamsters [25].

*L. amazonensis*-infected mice initially develop swelling at the inoculation site that progress into an ulcerated lesion, eventually leading to the loss of the tail and to lesion dissemination. Intrarectal or topical treatment with limonene inhibited the progression of lesions and suppressed metastasis

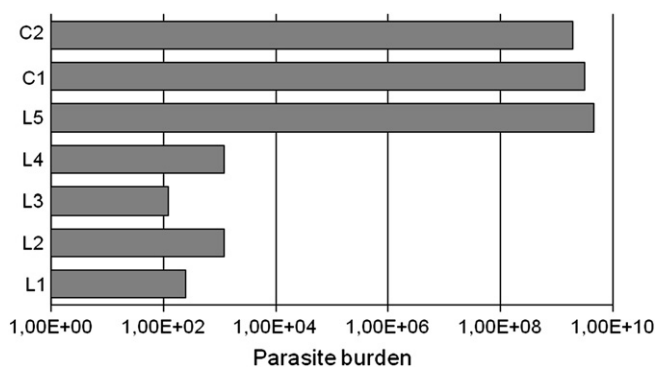


Fig. 2. Parasite burden at the inoculation site in two control untreated (C1 and C2) and from five limonene-treated mice (L1–L5) taken 15 weeks after the interruption of treatment. Parasites were quantified by limiting dilution.

development. Limonene also led to a reduction of more than 99.9% in the parasite load observed by limiting dilution and histopathological examination.

Reasons why response to treatment was not uniform in treated groups, varying from 67 to 86%, are not clear. Genetic variation in C57Bl/6 littermates has been detected due to copy number variations [26]. On the other hand, behavioural differences in topically treated mice could result in reduced absorption of the drug, with early removal by friction or licking. Similarly, gut intolerance in some mice could explain early expulsion of the instilled drug. In an attempt to control these variables, both intraperitoneal and intravenous routes were also employed to administer limonene. In both cases, treatment was ineffective (data not shown). Since limonene is rapidly metabolized in the liver to perillyl alcohol [27], these results suggest that activity is lost after first-passage

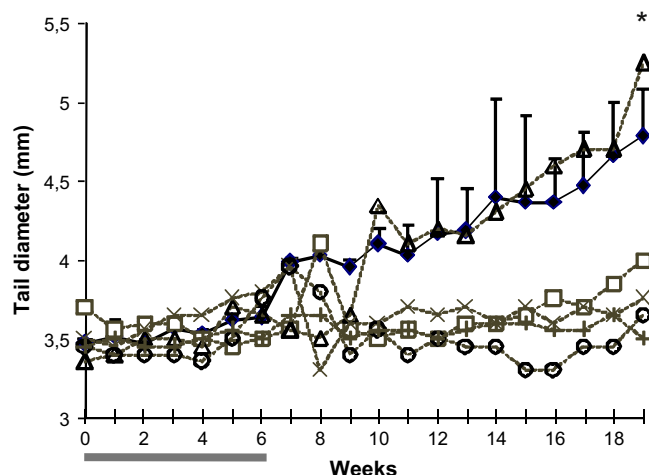


Fig. 3. Topical treatment of *L. amazonensis*-infected mice with limonene. Treatment of C57BL/6 mice infected at the basis of the tail and treated with a cream containing 10% (wt/wt) limonene in LV basis for 6 weeks (indicated by the horizontal bar) starting 40 days after infection. The results shown are the individual measurements for each treated animal (grey symbols, dashed lines) and the mean and standard deviation for a group of six control animals (black diamonds, solid line) (\**P*: 0.01). Results are representative of three independent experiments.

metabolism. Taken together, our results suggest that limonene could be considered a template compound to be chemically modified to increase activity and reduce metabolic quick removal.

In neoplastic cells, limonene's mechanism of action was initially associated with inhibition of protein prenylation, particularly of small G-proteins such as Ras. Early data suggested that limonene was in fact an inhibitor of the enzymes protein farnesyl transferase and geranylgeranyl transferase [28]. There are also evidences suggesting that limonene may act by decreasing the steady state levels of Ras, by transcription or translation inhibition or stimulation of specific pathways of protein degradation [29]. Other possible mechanisms underlying the tumor-suppressive activity of limonene include induction of apoptosis and reduction of hydroxy-3-methylglutaryl coenzyme A reductase activity [23]. In *P. falciparum* limonene was shown to have wider effects on the isoprenoid biosynthesis pathway, inhibiting the synthesis of dolichol, ubiquinone and reducing levels of small prenylated proteins [17].

There are also reports on the effect of limonene modulating the immune response in mice with increased delayed-type hypersensitivity reactions, phagocytosis and microbicidal activity, higher total antibody production and bone marrow cellularity [30,31]. The discrepancy between limonene's weak antileishmanial activity *in vitro*, with IC<sub>50</sub> values in the high micromolar range, and its effectiveness in a highly susceptible experimental model *in vivo* might be related to these immune enhancing properties. *In vitro* studies indicated that D-limonene increased NO production in peritoneal macrophages obtained from tumor-bearing mice [30]. We did not detect increased accumulation of nitrate on supernatants of *L. amazonensis*-infected macrophages treated with limonene, suggesting that increased production of NO is not operating as the killing mechanism in this case. We also investigated the pattern of humoral immune responses on infected mice treated or not with this terpene and did not detect increased anti-*Leishmania* antibody titres or a shift on *Leishmania*-specific antibody subtypes produced (data not shown). At present, we cannot exclude other effects of the drug on the immune response of infected mice.

In summary, we showed that topical treatment of *L. amazonensis*-infected mice with limonene induced healing in 67–86% of the treated animals. Intrarectal administration of limonene was also effective in the resolution of cutaneous lesions.

Topical treatment of cutaneous leishmaniasis is a very desirable goal. Patients with this disease often live in areas with poor access to medical care and where injections are difficult to obtain and use. Our best results were obtained by the intrarectal instillation of limonene. Different vehicles or formulations for the topical administration of limonene can potentially increase absorption and effective concentration in the tissue, while chemical modifications of limonene deserve to be investigated. Therefore, this terpene may have great potential in the development of new antileishmanial chemotherapeutic agents.

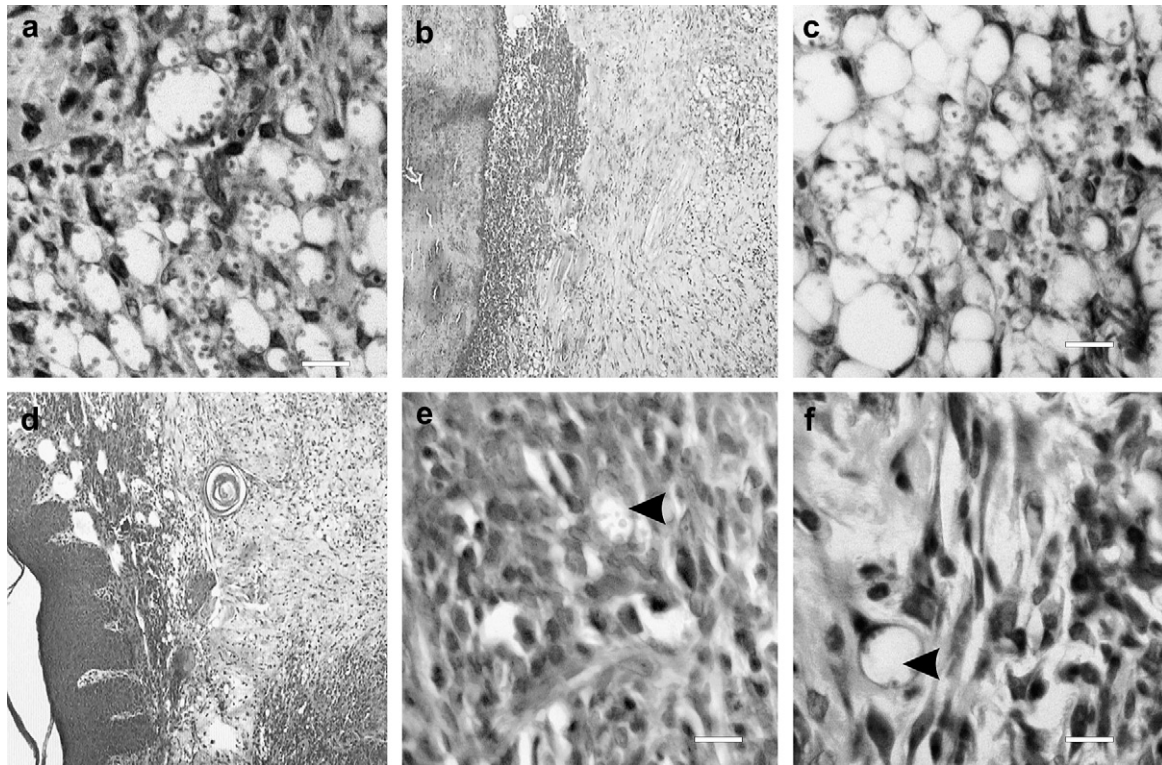


Fig. 4. Topical treatment of *L. amazonensis*-infected C57BL/6 mice with limonene. Fragments were taken from lesions or from the inoculation site 13 weeks after the end of treatment and submitted to histopathological analysis. Samples from control (a), placebo (LV) (b, c) and limonene-treated (d–f) mice are shown. Figures are representative of at least two animals analyzed in each group. The outcome of footpad lesion of control (a) and placebo-treated mice (b, c) is marked by numerous parasitized macrophages in the dermis. In limonene-treated mice a fibrotic scar is observed at the inoculation site (d), which is surrounded by a mononuclear inflammatory reaction with sparse (arrowheads) or absent infected macrophages (e, f and data not shown). HE staining; (a, c, e, f)  $\times 400$ ; (b, d)  $\times 100$ . Bars represent 20  $\mu\text{m}$ .

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